

The Portable Health Profile: EMR and Beyond

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Goal

To operationalize the CARF Standard for a Portable Health Profile to insure that the patients served at ORMC receive ongoing quality healthcare

To transition a paper record that is transcribed onto the EMR by the Rehab staff into a EMR generated, comprehensive document that requires less manual input by clinicians

Challenge

To create a meaningful tool in which an individual's health profile is preserved. This will ensure accurate health information which supports the continuity of care after discharge from our inpatient rehab unit.

Introduction

The Commission of Accreditation of Rehab Facilities' (CARF) portable profile standard provides for programs to help persons know and maintain their own important health information and take it with them to their health care encounters

Development

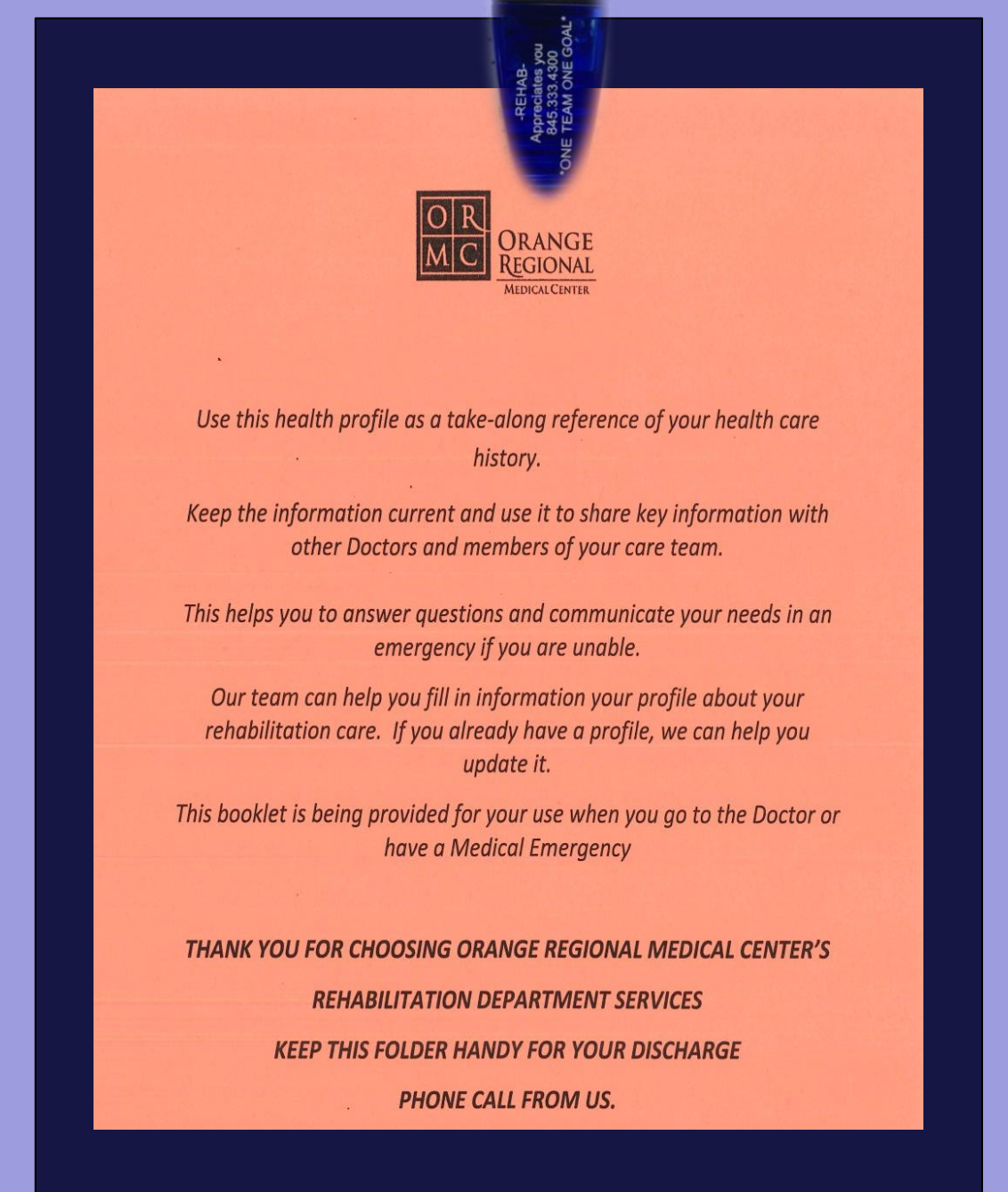
- Develop a Transdisciplinary team:
 - Organizational Leadership
 - Nursing Staff – RN, NA, NUC
 - Neuropsychology
 - Therapy Staff- PT, OT, Speech
 - Professional Development Specialists
 - Case Management
 - Information Technology
- Align CARF standards and best practice research to develop a paper document for bedside patient/family/staff use. This document was to be used throughout the hospital stay and travel with the patient to each of their post discharge healthcare encounters
- Create a bedside folder that contains:
 - Instructions for use
 - A “questions for caregivers” tool
 - A medication management sheet
 - Portable Health Profile worksheet

Process

- Admission nurse gives the patient a folder with initial admission information completed
- Instructs patients to have all providers complete their section of the document
- The Transdisciplinary Rehab Team will work with the patient to assure that the document is complete and accurate
- The team reinforces that the patient understands the importance of updating and managing the document
- Prior to discharge information from the worksheet is entered into the EMR.
- This information is compiled with other information from the EMR to create a final version that is generated from the EMR and is useful to the patient

Outcomes

- The portable health profile empowers persons served to be responsible for their own care as evidenced by improved compliance on post discharge call backs
- Our portable health profile was recognized as best practice by CARF during our recent survey



References:
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Siebens, Hilary C. MD. (2011). *The CARF Portable Profile: a Standard, a Tool, and a Process*. CARF Newsletter - Enhancing People's Lives. November 2011, Number 1. retrieved 9/2014 from <http://www.carf.org/PortableProfile/>