



Rehabilitation Services

Professional Development:
The Impact of ARN;
Your Future, Your Success

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Wilmington, DE

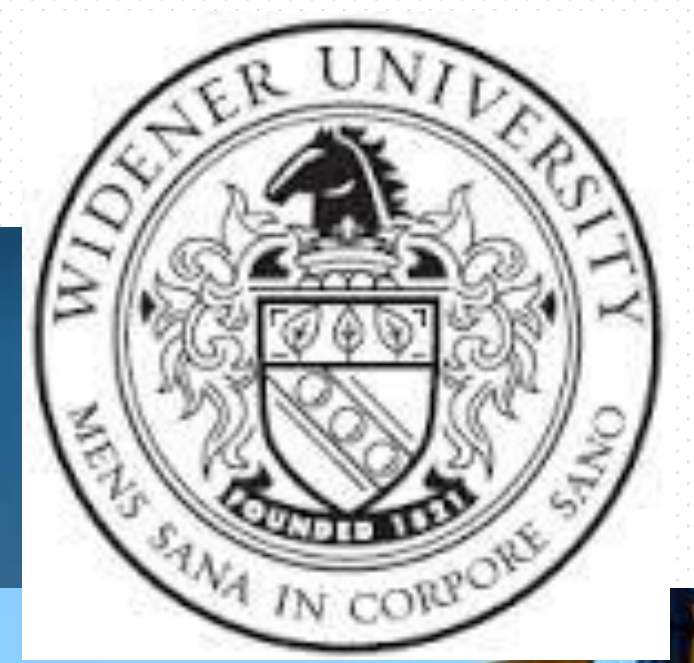
I want to be an
Advanced Practice
Nurse.



I want to help
people. I want
to make a
difference.

- Grow My Nursing Career**
- Work Experience
 - Mentors
 - Resources
 - CRRN
 - Self Evaluation

Mary Ann Mikulic Scholarship -
1995 Recipient: Wendy Borland



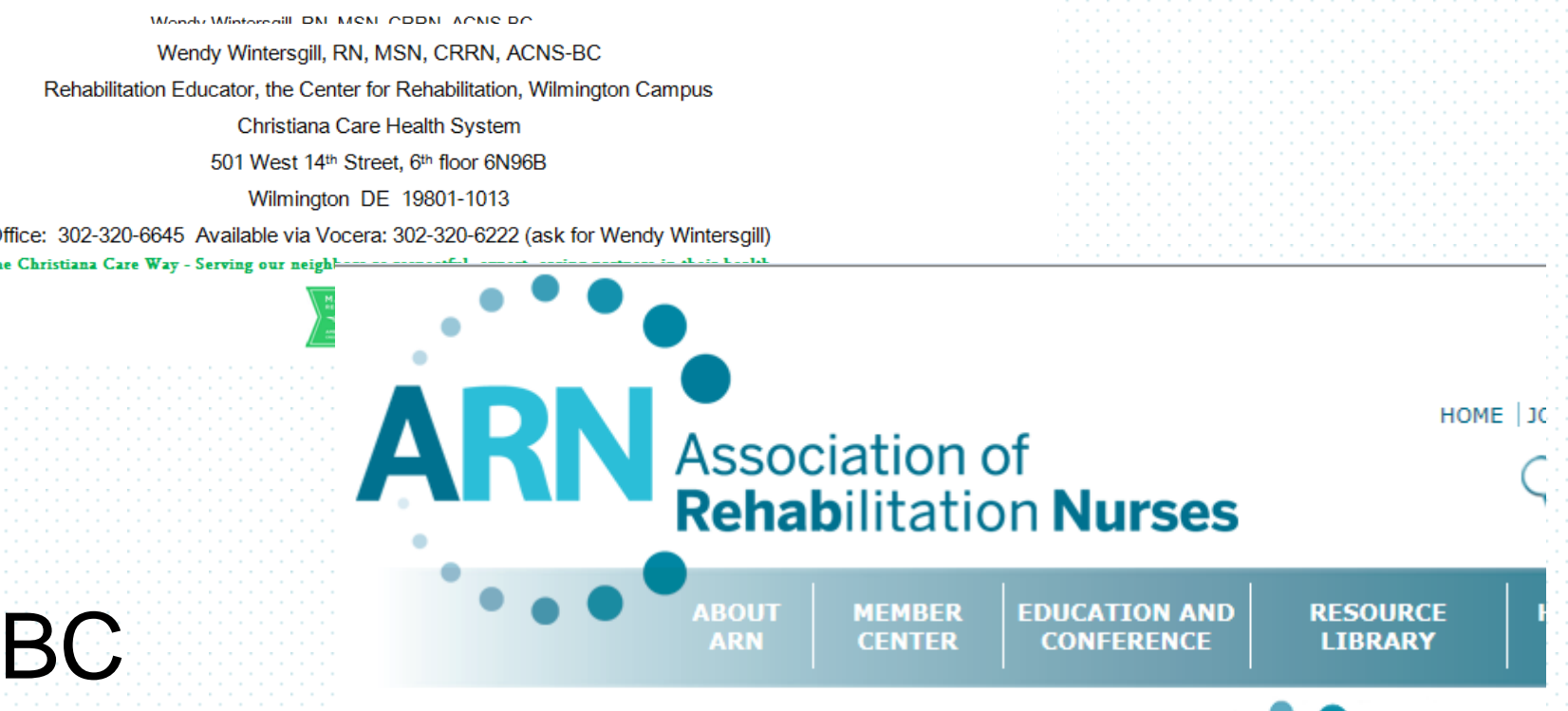
From: wintersgill, wendy A.
Sent: Thursday, September 14, 2014 1:58 PM
To: Wendy Wintersgill (wintersgill@ccphs.org)
Subject: ARN CDV

Dear Senator Cardin and Mikulic,

As a concerned constituent and rehabilitation nurse, I am writing to request your help in advancing rehabilitation research by supporting S. 1027, a bill to improve, coordinate, and enhance rehabilitation research at the National Institutes of Health. Investment in rehabilitation research fosters the development of new programs that will enhance rehabilitation nursing practice and treatment outcomes.

ARN supports efforts to ensure people with physical disability and chronic illness have access to comprehensive, quality care in whichever care setting is most appropriate for them. Rehabilitation nurses take a holistic approach to meeting patients' nursing and medical, vocational, educational, environmental, and spiritual needs. Rehabilitation nurses begin to care with individuals and their families on the day of admission, and continue to provide support and care, including patient and family education, which improves their individuals when they return home, or to work, or school. Rehabilitation nurses often teach patients and their caregivers how to access systems and resources. Rehabilitation nursing is a philosophy of care, not a work setting or a phase of treatment. We base our practice on rehabilitative and restorative principles by (1) managing complex medical issues; (2) collaborating with other specialists; (3) providing ongoing patient/caregiver education; (4) setting goals for maximum independence; and (5) establishing plans of care to maintain optimal wellness. Rehabilitation nurses practice in all settings, including freestanding rehabilitation facilities, hospitals, long-term subacute care facilities (skilled nursing facilities (SNFs)), long-term acute care facilities, comprehensive outpatient rehabilitation facilities, home health, and private practice just to name a few.

It is imperative that we invest in rehabilitation research by streamlining rehabilitation research priorities among all the various institutes and centers at the National Institutes of Health (NIH) and facilitating implementation of the NIH's Blue Ribbon Panel on Rehabilitation Research. With this in mind, I respectfully request that you support S. 1027. If I can be of any assistance to you, or your staff, please do not hesitate to contact me.



Scholarship Opportunities

BSN Scholarship

ARN offers financial assistance in the form of a \$1,500 scholarship to nurses working toward a Bachelor of Science in Nursing (BSN) degree.

Scholarship eligibility requirements include:

- membership and involvement in ARN
- enrollment in a Bachelor of Science in Nursing (BSN) program in good standing and successful completion of at least one course
- current practice in rehabilitation nursing
- a minimum of 2 years' experience in rehabilitation nursing

The application period is closed. Please check in the spring for more information about the 2015 BSN scholarship opportunities.

Graduate Scholarship

ARN offers financial assistance in the form of a \$1,500 scholarship to nurses working toward a Master's of Science in Nursing (MSN) or a doctorate degree in nursing (PhD, DNP, or DNS/D).

Scholarship eligibility requirements include:

- membership and involvement in ARN
- current enrollment in a graduate-level degree program, in good standing, and successful completion of at least one course
- current practice in rehabilitation nursing
- minimum of two years' experience in rehabilitation nursing

The application period is closed. Please check in the spring for more information about the 2015 Graduate scholarship opportunities.

DO
Continue My Education

- MSN
- APN
- CNS

Greater Philadelphia Chapter
Application for Professional Development Grant

Name: _____ Date: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Signature: _____



A Performance Improvement Project to Establish Evidence of Gait Belt Efficacy

Journal:	Rehabilitation Nursing Journal
Script ID:	RNJ-14-09-000425
Script Type:	Feature
Keywords:	Performance improvement, Safe patient handling, Gait belt



I want to do
performance
improvement &
research.

CE

Research Needs Assessment

Nurses' Knowledge, Attitudes, and Practices Related to Research

- Anita K. Witzke, RN, CCRN
- Linda Bucher, DNSc, RN
- Michelle Collins, BSN, RN-BC
- Marie Essex, MSN, APN, RNC
- Janice Prato, RNII, CCRN
- Tamekia Thomas, BSN, RN
- Julie Waterhouse, PhD, RN
- Wendy Wintersgill, BSN, RN, CCRN

This manuscript demonstrates how one institution used research background information to recommend the use of two survey studies on nurses' knowledge, attitude, and practice related to research as a needs assessment tool to develop research education. The survey results provided in this manuscript helped the staff development specialist members of the nursing research committee develop an organized approach to education development that targeted nurses who need research education. The committee is planning for the future incorporation of research skills into the new nurses' orientation program.

Nurses have been challenged over recent years to develop practice that is based on the best available research evidence. Practice that has been steeped in tradition must now reflect current scientific evidence. This shift requires that nurses have certain requisite knowledge, skills, and attitudes regarding research to transition effectively.



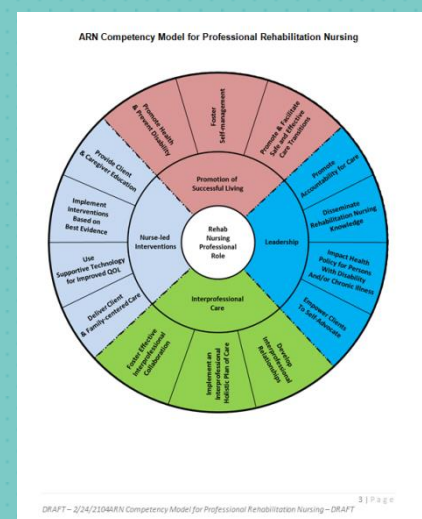
including its incidence, prevalence, prevention and treatment.

Story continues on p. 2...

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ARN REHABILITY
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WEBSITE: Mary Pat Murphy
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lbitner@arnrehab.org



I want to help
other nurses.

CHECK

Share Your Knowledge

- Presenting at local, regional & national conferences
- Writing & publishing



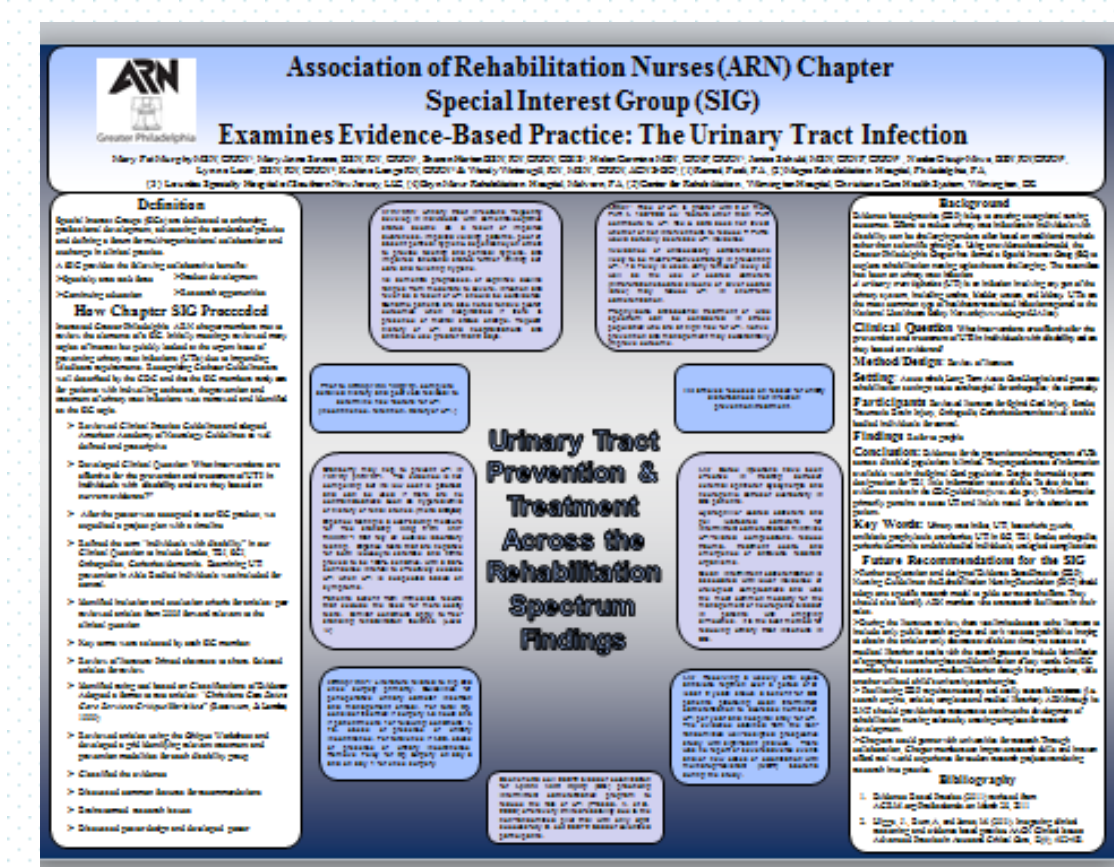
Be Impactful

- ARN
- My community
- Health care policy
- Mentor others



Michelle Stevenson, RN, MSN,
Nurse Manager, Mt. Sinai
Hospital, Graduate Health
System, Philadelphia

- My Nurse Manager 1994-1998
- Took me to my first ARN meeting 20 years ago
- Told me I would be taking the CRRN exam in 3 months



MENTOR



Board of Education Members

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